



Fumble is an award-winning youth charity, leading the way in supporting young people with their mental health, sexual health and relationships in the digital age.

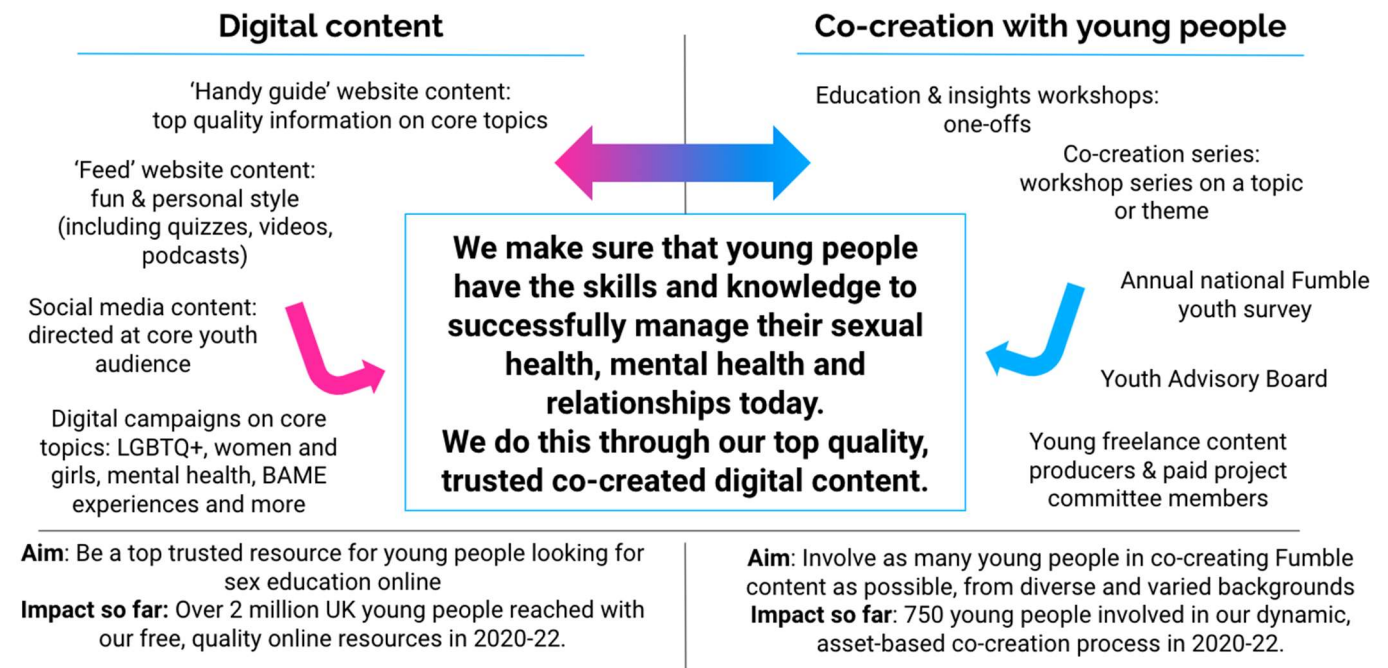
'Fumble is like the knowledgeable best friend every young person needs when growing up. A handbook for everyone, to guide them in making the right sex and relationship choices for themselves.' Amy, 19

Fumble engages young people to create a happy, healthy free digital world of relationships, sex and health education (RSHE) for young people. Now a nationally-recognised, award-winning charity, we believe that all young people deserve quality, accurate education about sex, relationships, their bodies, their identities and their mental health. This is especially urgent in the digital age, when the challenges young people face on these topics are unprecedented.

Fumble especially aims to meet the needs and experiences of young people that have been traditionally left out of mainstream provision of sex education, including:

- LGBTQ+ Young People
- Those living with a disability
- Those struggling with their mental health
- Those from minority ethnic groups

We're an inclusive, non-judgemental, trustworthy place for all young people to ask questions and find safe, quality answers. We put young people's voices at the heart of everything we do, through our dynamic co-creation process.



Discover our full impact in [our most recent annual report](#).



Our mission statement: We make sure that young people have the skills and knowledge to successfully manage their sexual health, mental health and relationships today. We do this through our top quality, trusted, co-created digital content.

All our work is guided by our **Expert Advisory Panel**. Our experts include NHS doctors (including sexual & reproductive health specialists and paediatricians), leading academics in the field of RSHE, safeguarding specialists, digital marketing consultants, finance and legal experts, and more.

“Relationship and sex education is extremely important, especially in a time where there is so much misinformation around spread by social media. Fumble is important in providing a reliable, comprehensive and trustworthy base for learning the basics about a certain topic or expanding a young person’s knowledge. For me, Fumble is a safe place I have been able to have my questions answered.”

- Charlie, Youth Advisory Board



Watch some of our wonderful team explain why Fumble matters:
youtube.com/watch?v=1ELI0xnm-tg

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